



Dear Faith Formation Families.

Thank you for choosing BREAD, our latest effort to form our young people (Grades 1 through 6) and their families in the Catholic faith. This will be our second year using this Family Formation model. We learned a lot this past year and hope the years ahead will be even better. While many things remain as they were in the 2024-25 year, we hope to make improvements based on the feedback of parents and families.. Your willingness to enter into BREAD is an incredible sign of openness to your own formation as well as that of your child. We are looking forward to a new year with you!

We share the following so you can be fully informed of the expectations and commitment required for this program;

- Parents or guardians **MUST** attend a family formation session ***with their child*** during the first week of each month from October - May.
 - Having children come with their parents was a suggestion made by many parents and caregivers during the last year and we believe we have come up with some great ideas for the years ahead.
 - This session will be offered three times each month - generally the first Monday of the month at 5 p.m. and 7 p.m. and the first Wednesday of the month at 6 p.m. Finalized dates have been posted [https://Faith Formation Calendar](https://FaithFormationCalendar)
 - Parents/guardians must attend **ONE** of those sessions with their child. Each session will be the same catechesis topic. It is presented at various times for your convenience.
 - Missing more than two sessions will require a repeat of the year.
So, for the most part, families are coming to St. Brigid's AT MOST two times a month for a formation session of some kind, depending on level, sacramental preparation, etc.
 - **NOTE:** St. Brigid's does not offer a "classroom" or "online" model of Family Faith Formation.
- At various months, students and parents/guardians will be invited to attend an **additional** family formation session. For some levels, participation in these events is required particularly when preparation for a sacrament is involved.
- Parents and caregivers will work with their child/dren to explore each month's topic using the Family in Faith resources provided to you at each session.
- Parents/caregivers are required to complete an online form demonstrating some knowledge of the catechesis topic of the month.
- As part of our BREAD process, families are expected to complete a family journal. As part of completion of the journal Attend Mass each Sunday, completing **twenty (20) Mass reflections** throughout the year. Complete a required number of service experiences (it varies based on age and will be clearly listed in the journal)
- Complete additional activities related to level.
- **Failure to return a completed journal will require repetition of the formation year.**

We are excited about all this new year is bringing . and we cannot wait to begin the journey with you and your family.

If you have any questions, please feel free to contact us at faithfromation@saintbrigid.net or 516-334-0021

Peace and Blessings to all,

Jacqueline M. DeLeon,
Director of Family Faith Formation